



The Family Centre

A meeting-place for parents and children

At the Family Centre, parents can receive professional advice and support in various matters and also spend time with other parents and share experiences with them. There is an 'open pre-school', and the other professionals working here are from the child and maternity health services and the municipal social-welfare services (individual and family care unit). We are all here for you.

A meeting-place for parents

The Family Centre is intended for all parents and for children aged 0–6 years. You do not have to pay anything to come here, and our staff represent different professions. We can answer most of the questions that you may have – from concerns about your child's well-being and development to various everyday problems. We are here to give you support, and you are always welcome to come here, even if all you want is a cup of coffee and some company.

At the Family Centre, you can:

- spend time with other parents
- see trained professionals to receive advice and support
- have a cup of coffee
- play and learn
- take part in various activities.



Family Centre basics

Open pre-school

You can come to the open pre-school to play and learn. In addition, you can receive support as a parent and get to know other families. There is no need to register – you may come and go as you please while we are open. You are responsible for your own child while you are here. The staff are all pre-school teachers. There will sometimes be planned activities such as sing-along time.

Child health care (BVC) and maternity care (MVC)

You can come to us, for example, with any questions or thoughts that come up during your pregnancy or to discuss your child's health and development, such as his or her sleeping or eating habits.



Individual and family care unit

If you have questions or thoughts about different everyday problems and family situations, or about what it is like to be a parent, you may talk to the representatives of the individual and family care unit of the municipal social-welfare services. We are trained social workers and can also help you contact other government agencies or obtain other information about how society works.



Köping Family Centre

Street address Esplanaden 8, annexe of the courthouse (*tingshuset*).
Entrance on either side of the annexe.

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Facebook Familjecentralen i Köping



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in collaboration with Ullvi Tuna vårdcentral, Achima
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